## CLASS SCHEDULE



## Ranges Gracie Jiu Jitsu

**Thursday** Wednesday Saturday **Tuesday** Friday Monday Grecie\_ Private Lessons Private Lessons LLYPROOF CERTIFIED Little Champs 6:00am - 7:00am 7:00am -10:00am 4:00pm - 5:00pm Grego: Gracie BULLYPROOF Jr. Grapplers 10:00am - 11:00am 5:00pm - 6:00pm JIU-JITSU PAINING CENTER Master Eycle Gracie Private Lessons THE GRACIE WAY" FROM BLUE TO BLACK BELT 6:30pm - 7:30pm 11:00am -12:00pm 6:00pm - 7:00pm Reflex Development/ Gracie Gracie Private Lessons Private Lessons Sparring Fight Simulation 12:00pm - 12:30pm 7:00pm - 8:00pm 7:30pm - 8:30pm 7:00pm - 8:00pm 7:00pm - 8:00pm 7:00pm - 8:00pm Gracio\_ Master Cycle Master Cycle Master Eycle Private Lessons Private Lessons BULLYPROOF Little Champs 8:00pm - 9:00pm 8:00pm - 9:00pm 8:00pm - 9:00pm 8:30pm - 9:30pm 8:00pm - 9:00pm 1:00pm - 2:00pm Tegi-Private Lessons BULLYPROOF Private Lessons Sparring Sparring Sparring Jr. Grapplers 9:30pm - 10:00pm 9:00pm - 9:30pm 9:00pm - 9:30pm 9:00pm - 10:00pm 9:00pm - 10:00pm 2:00pm - 3:00pm

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